

Introduction To Haedong Kumdo



Presented by:

OMAC MARTIAL ARTS

Featuring:

from South Korea

*George Bush Presidential Sports Award Winner
Internationally renowned Sword Master*

Grandmaster Jeong Seong Kim

9th Degree Black Belt, Haedong Kumdo (Korean Sword Art)
President, United World Haedong Kumdo Federation

**Experience the Art of The Sword
Expand Your Martial Arts Skills
Train with a Living Legend**

July 15, 2007

Braefoot Activity Centre
2nd Floor, 1359 McKenzie Ave
Victoria, BC
10:00am to 5:00pm

Cost:

\$79.00 - On or before July 9, 2007
\$89.00 - After July 9, 2007

Seminar Schedule:

10:00am to 11:45am: Basic Stances and Wooden Sword Techniques
1:00pm to 2:45pm: Paper Cutting, Thrown Object Cutting and Candle Extinguishing
3:00pm to 4:45pm: Two Sword Stance and Techniques

Register by phone: (250) 885-8850 or Online at: www.omacmartialwellness.com

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