



# SPANISH FOOD





# About TAPAS

A Spanish culinary and social tradition of enjoying small plates of simple food with wine, beer, or other alcoholic drinks before lunch or dinner, or in the evening.



# Origin of Tapas

- **"Tapas" is derived from the Spanish word tapa, meaning "lid" or "cover."**
- **In old taverns, bread or ham was used to cover drinks from dust and insects, eventually evolving into the tradition of serving small snacks with drinks.**