



THE 20th ASIAN ROLLER SKATING CHAMPIONSHIPS

Speed Competition Schedules

| Date | Order No. | Time | Category | Distance | Rounds | |
|------------------------------|--------------|-----------------|-------------------------------------|----------------------|------------|--|
| July. 22 | | 10:00 | Technical Meeting & Entry Fee Check | | | |
| July. 23 Track 1st Day | 1 | 09:00 | Junior Women | 200m Dual Time Trial | Heats | |
| | 2 | | Junior Men | 200m Dual Time Trial | Heats | |
| | 3 | | Senior Women | 200m Dual Time Trial | Heats | |
| | 4 | | Senior Men | 200m Dual Time Trial | Heats | |
| | | | Warming-up | | | |
| | 5 | 10:30 | Junior Women | 200m Dual Time Trial | Final | |
| | 6 | | Junior Men | 200m Dual Time Trial | Final | |
| | 7 | | Senior Women | 200m Dual Time Trial | Final | |
| | 8 | | Senior Men | 200m Dual Time Trial | Final | |
| | 9 | 17:00 | Junior Women | 500m+D sprint | Heats | |
| | 10 | | Junior Men | 500m+D sprint | Heats | |
| | 11 | | Senior Women | 500m+D sprint | Heats | |
| | 12 | | Senior Men | 500m+D sprint | Heats | |
| | | | Warming-up | | | |
| | 13 | 18:30 | Junior Women | 5,000m Points | Final | |
| | 14 | | Junior Men | 5,000m Points | Final | |
| | 15 | | Senior Women | 5,000m Points | Final | |
| | 16 | | Senior Men | 5,000m Points | Final | |
| | 17 | 20:00 | Junior Women | 500m+D sprint | Semi-Final | |
| | 18 | | Junior Men | 500m+D sprint | Semi-Final | |
| | 19 | | Senior Women | 500m+D sprint | Semi-Final | |
| | 20 | | Senior Men | 500m+D sprint | Semi-Final | |
| | 21 | 21:00 | Junior Women | 500m+D sprint | Final | |
| | 22 | | Junior Men | 500m+D sprint | Final | |
| 23 | Senior Women | | 500m+D sprint | Final | | |
| 24 | Senior Men | | 500m+D sprint | Final | | |
| | | Awards Ceremony | | | | |

Speed Competition Schedules

| Date | Order No. | Time | Category | Distance | Rounds | |
|------------------------------|------------------------------|--------------|------------------------|---------------------|---------------|-------|
| July. 24 Track 2nd Day | 25 | 17:00 | Junior Women | 1,000m Sprint | 2 Heats | |
| | 26 | | Junior Men | 1,000m Sprint | 3 Heats | |
| | 27 | | Senior Women | 1,000m Sprint | 2 Heats | |
| | 28 | | Senior Men | 1,000m Sprint | 2 Heats | |
| | | | Warming-up | | | |
| | 29 | 18:20 | Junior Women | 1,000m Sprint | Final | |
| | 30 | | Junior Men | 1,000m Sprint | Final | |
| | 31 | | Senior Women | 1,000m Sprint | Final | |
| | 32 | | Senior Men | 1,000m Sprint | Final | |
| | | | Warming-up | | | |
| | 33 | 19:00 | Junior Women | 10,000m Elimination | Final | |
| | 34 | | Junior Men | 10,000m Elimination | Final | |
| | 35 | | Senior Women | 10,000m Elimination | Final | |
| | 36 | | Senior Men | 10,000m Elimination | Final | |
| | | | Awards Ceremony | | | |
| | July. 25 Track 3rd Day | 37 | 10:00 | Junior Women | 3,000m Relays | Final |
| 38 | | | Junior Men | 3,000m Relays | Final | |
| 39 | | | Senior Women | 3,000m Relays | Final | |
| 40 | | | Senior Men | 3,000m Relays | Final | |
| | | | Awards Ceremony | | | |
| | | - | Training Road Circuit | | | |
| July. 27 Road 1st Day | 1 | 17:00 | Junior Women | 1 Lap sprint | Heat | |
| | 2 | | Junior Men | 1 Lap sprint | Heat | |
| | 3 | | Senior Women | 1 Lap sprint | Heat | |
| | 4 | | Senior Men | 1 Lap sprint | Heat | |
| | | | Warming-up | | | |
| | 5 | 18:00 | Junior Women | 1 Lap sprint | Semi-Final | |
| | 6 | | Junior Men | 1 Lap sprint | Semi-Final | |
| | 7 | | Senior Women | 1 Lap sprint | Semi-Final | |
| | 8 | | Senior Men | 1 Lap sprint | Semi-Final | |
| | | | Warming-up | | | |
| | 9 | 19:00 | Junior Women | 1 Lap sprint | Final | |
| | 10 | | Junior Men | 1 Lap sprint | Final | |
| | 11 | | Senior Women | 1 Lap sprint | Final | |
| 12 | | Senior Men | 1 Lap sprint | Final | | |
| 13 | 20:00 | Junior Women | 10,000m Points | Final | | |

Speed Competition Schedules

| Date | Order No. | Time | Category | Distance | Rounds |
|-----------------------------|------------------------|-------|--------------|---------------------|-------------|
| | 14 | | Junior Men | 10,000m Points | Final |
| | 15 | | Senior Women | 10,000m Points | Final |
| | 16 | | Senior Men | 10,000m Points | Final |
| | Awards Ceremony | | | | |
| July. 28 Road 2nd Day | 17 | 17:00 | Junior Women | 15,000m Elimination | Final |
| | 18 | | Junior Men | 15,000m Elimination | Final |
| | 19 | | Senior Women | 15,000m Elimination | Final |
| | 20 | | Senior Men | 15,000m Elimination | Final |
| | Awards Ceremony | | | | |
| July. 29 Road 3rd Day | 21 | 17:00 | Junior Women | 100m sprint | Heats |
| | 22 | | Junior Men | 100m sprint | Heats |
| | 23 | | Senior Women | 100m sprint | Heats |
| | 24 | | Senior Men | 100m sprint | Heats |
| | Warming-up | | | | |
| | 25 | 19:00 | Junior Women | 100m sprint | Semi-Finals |
| | 26 | | Junior Men | 100m sprint | Semi-Finals |
| | 27 | | Senior Women | 100m sprint | Semi-Finals |
| | 28 | | Senior Men | 100m sprint | Semi-Finals |
| | Warming-up | | | | |
| | 29 | 20:00 | Junior Women | 100m sprint | Final |
| | 30 | | Junior Men | 100m sprint | Final |
| | 31 | | Senior Women | 100m sprint | Final |
| | 32 | | Senior Men | 100m sprint | Final |
| Awards Ceremony | | | | | |