Minimum elevation: 75 m.s.l.
Maximum elevation: 741 m.s.l.
Average elevation: 496.6 m.s.l.
Maximum difference: 666 m
Total climbing: 1460 m
Total descent: 1537 m
Start elevation: 155.4 m.s.l.
End elevation: 78 m.s.l.
Final balance: -77.4 m
### Speed

**Minimum speed:** 0.4 km/h  
**Maximum speed:** 9.3 km/h  
**Average climbing speed:** 4.7 km/h  
**Average descent speed:** 4.7 km/h  
**Average flat speed:** 5.2 km/h  
**Average speed:** 4.8 km/h
# Time

<table>
<thead>
<tr>
<th>Description</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date of track:</td>
<td>31.12.2008</td>
</tr>
<tr>
<td>Start time:</td>
<td>04:15:30</td>
</tr>
<tr>
<td>End time:</td>
<td>09:02:24</td>
</tr>
<tr>
<td>Total track time:</td>
<td>4h 46m 54s</td>
</tr>
<tr>
<td>Climbing time:</td>
<td>2h 19m 20s</td>
</tr>
<tr>
<td>Descent time:</td>
<td>2h 08m 53s</td>
</tr>
<tr>
<td>Flat time:</td>
<td>18m 41s</td>
</tr>
</tbody>
</table>
Distance

Total flat distance: 13.1 km
Total real distance: 13.8 km
Climbing distance: 6.6 km
Descent distance: 6.1 km
Flat distance: 1.1 km