

,

2004.05.07

Contents

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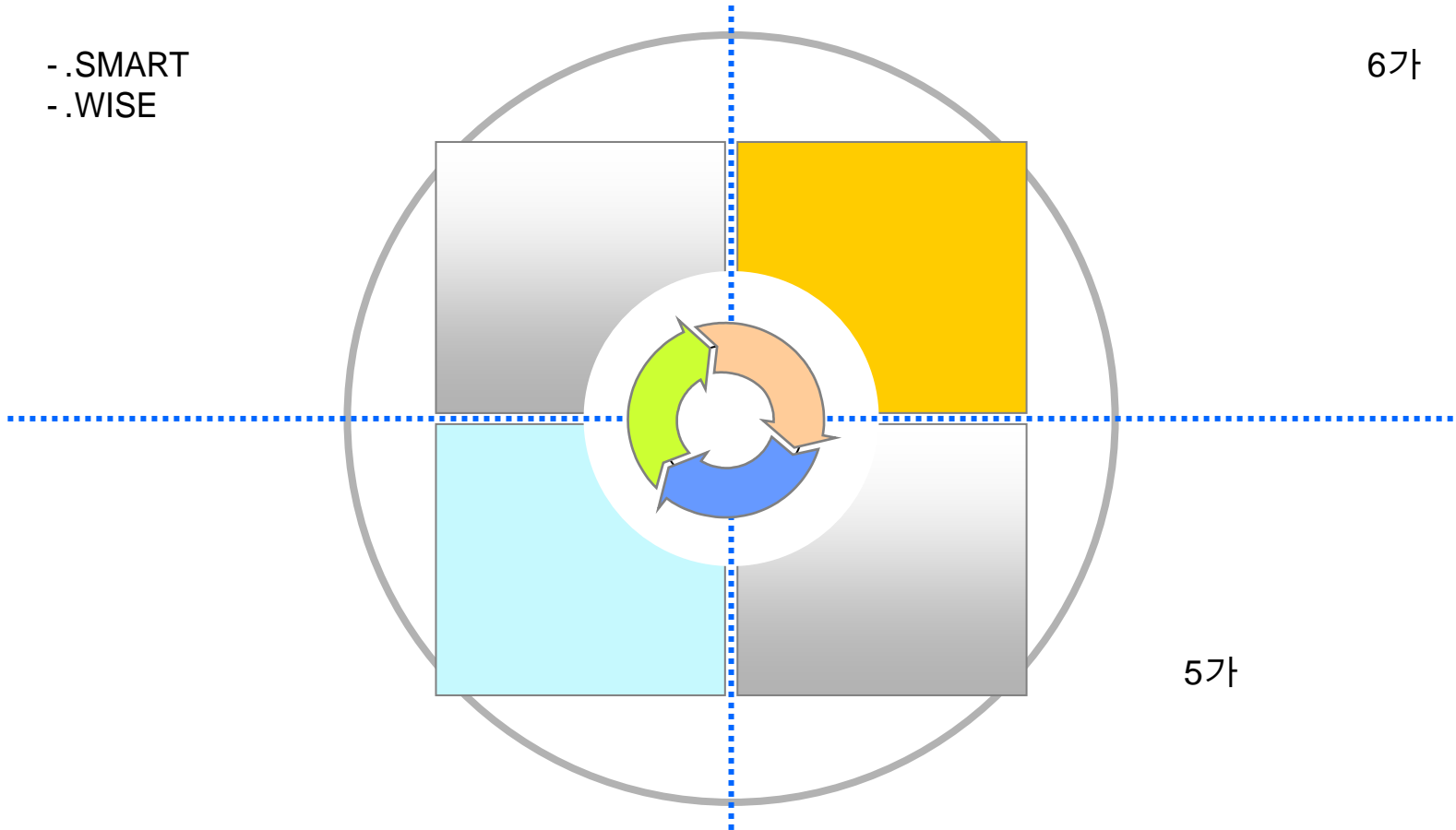
Introduction

“

”

- .SMART
- .WISE

6가



5가

SMART

Specific

Measurable

가

Action-Oriented

Realistic

가

가

Timely

WISE

Will Power

Initiative

Stamina

가

Enthusiasm

가



1.

가가

2.

3.

4.

5.

6.





1. .
2. .
3. 30 , 1 .
4. 가 .
5. .



Efficient Performance & Success

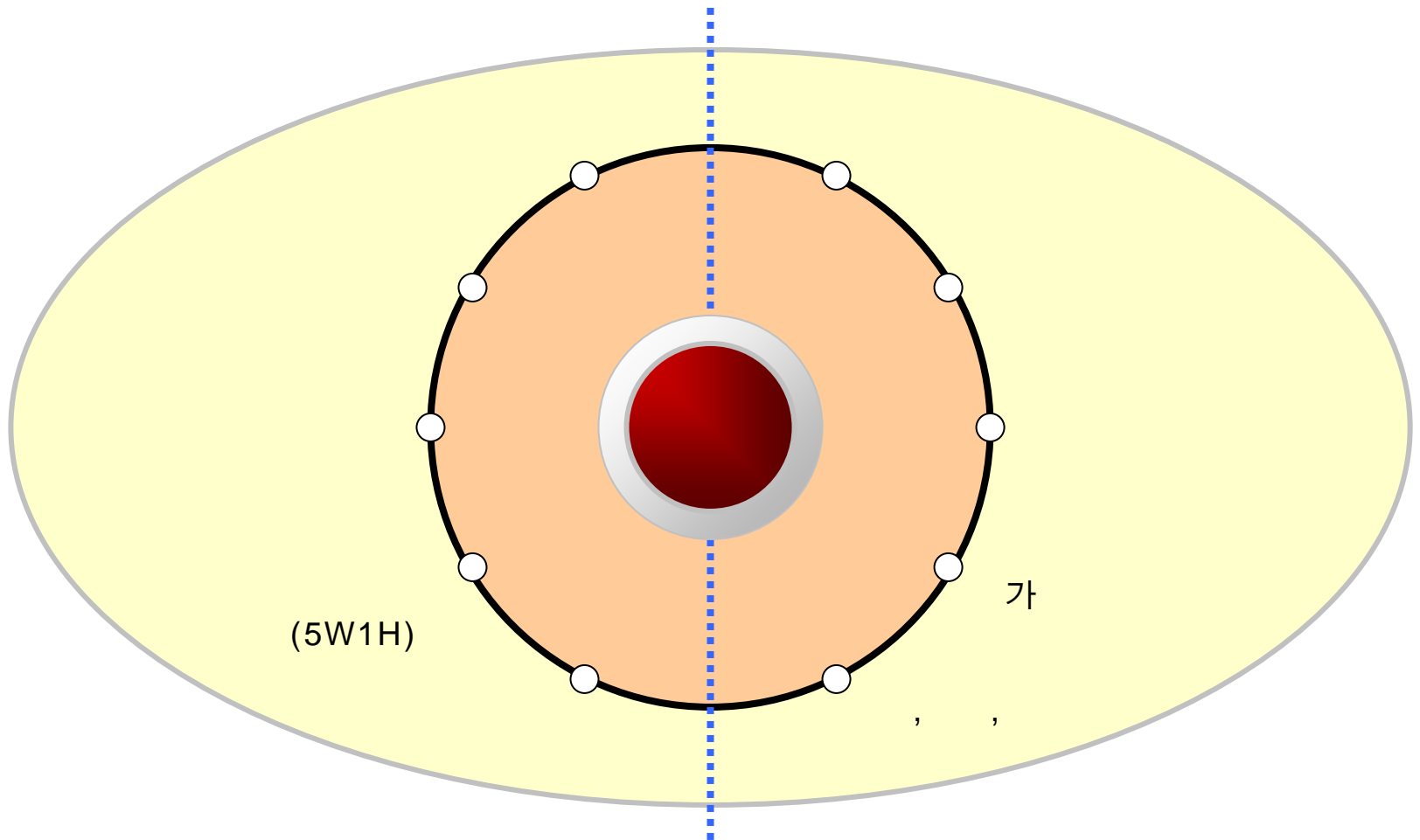


Self-Development

가
 , , / ,
가
가 !



10가



 10가

- 1.
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

[Empty content area]

10가

1	2.	.	3	4	5	6	7	8	9	10
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가 가 . 가 가 . , .

10가

- 1
- 2
- 3.
- 4
- 5
- 6
- 7
- 8
- 9
- 10

가
가
가
가



10가

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

가 , 가
가 ? 가
가 , 가



10가

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

가

가 가

가 가

10가

1	2	3	4	5	6.	.	7	8	9	10
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가 가 , 가 . 가
 , .
 가 가 .

 10가

- 1
- 2
- 3
- 4
- 5
- 6
- 7. ,
- 8
- 9
- 10

가 . ! , , .

10가

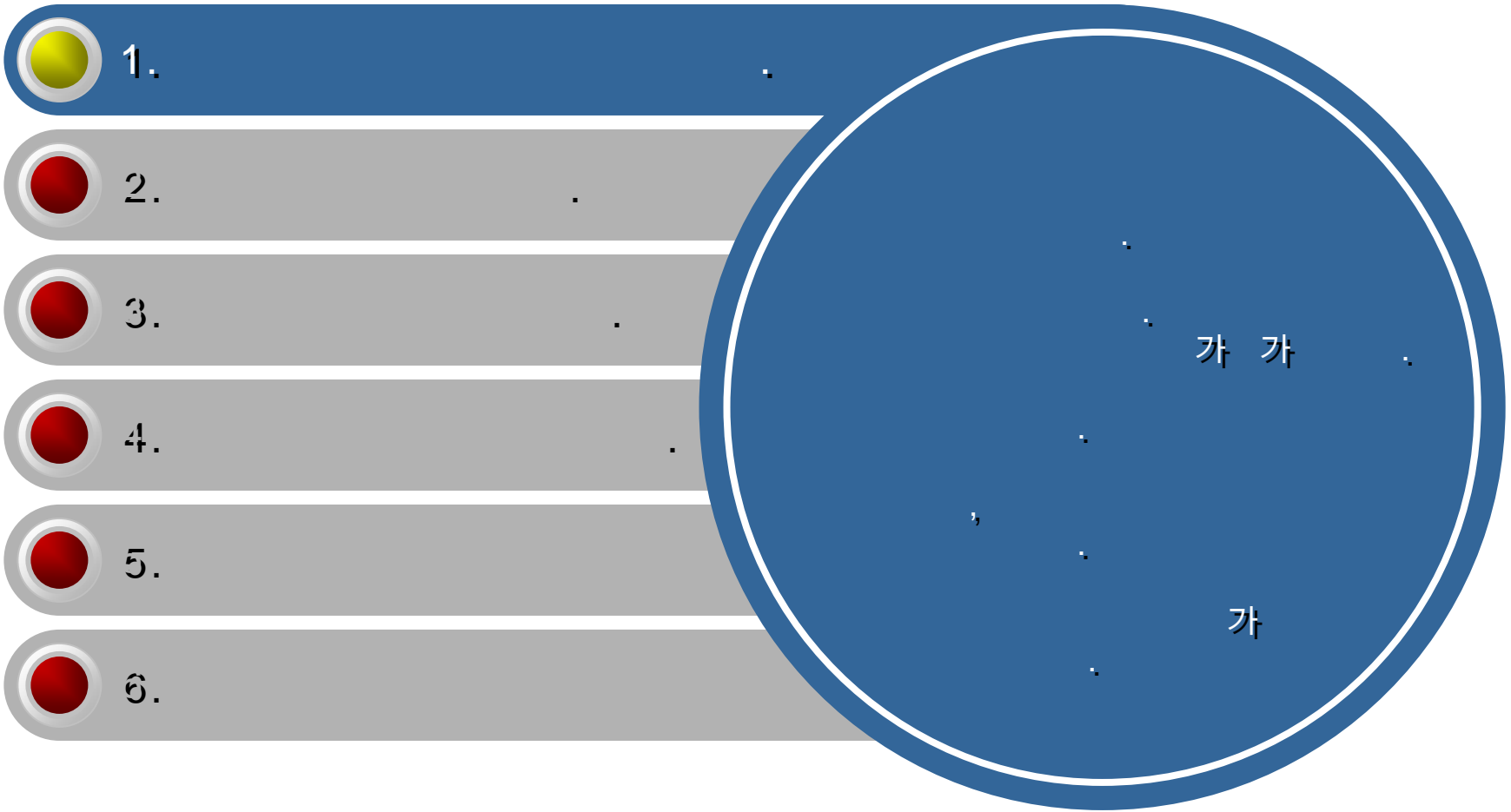
1	2	3	4	5	6	7	8	9.	가	.	10
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가
 가 ...”
 가
 , 가
 가
 가 .

10가

1	2	3	4	5	6	7	8	9	10.	가
---	---	---	---	---	---	---	---	---	-----	---

Large light green rounded rectangle containing faint, scattered characters and symbols, including a comma and the Korean character '가'.





1.



2.



3.



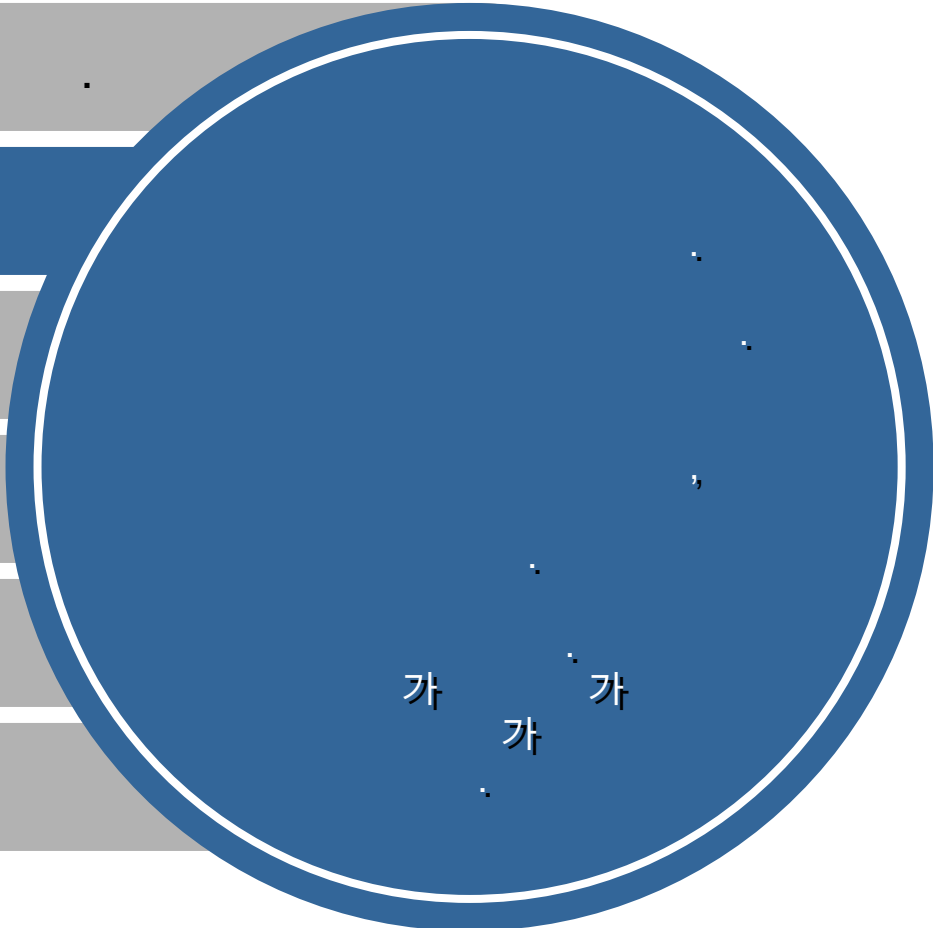
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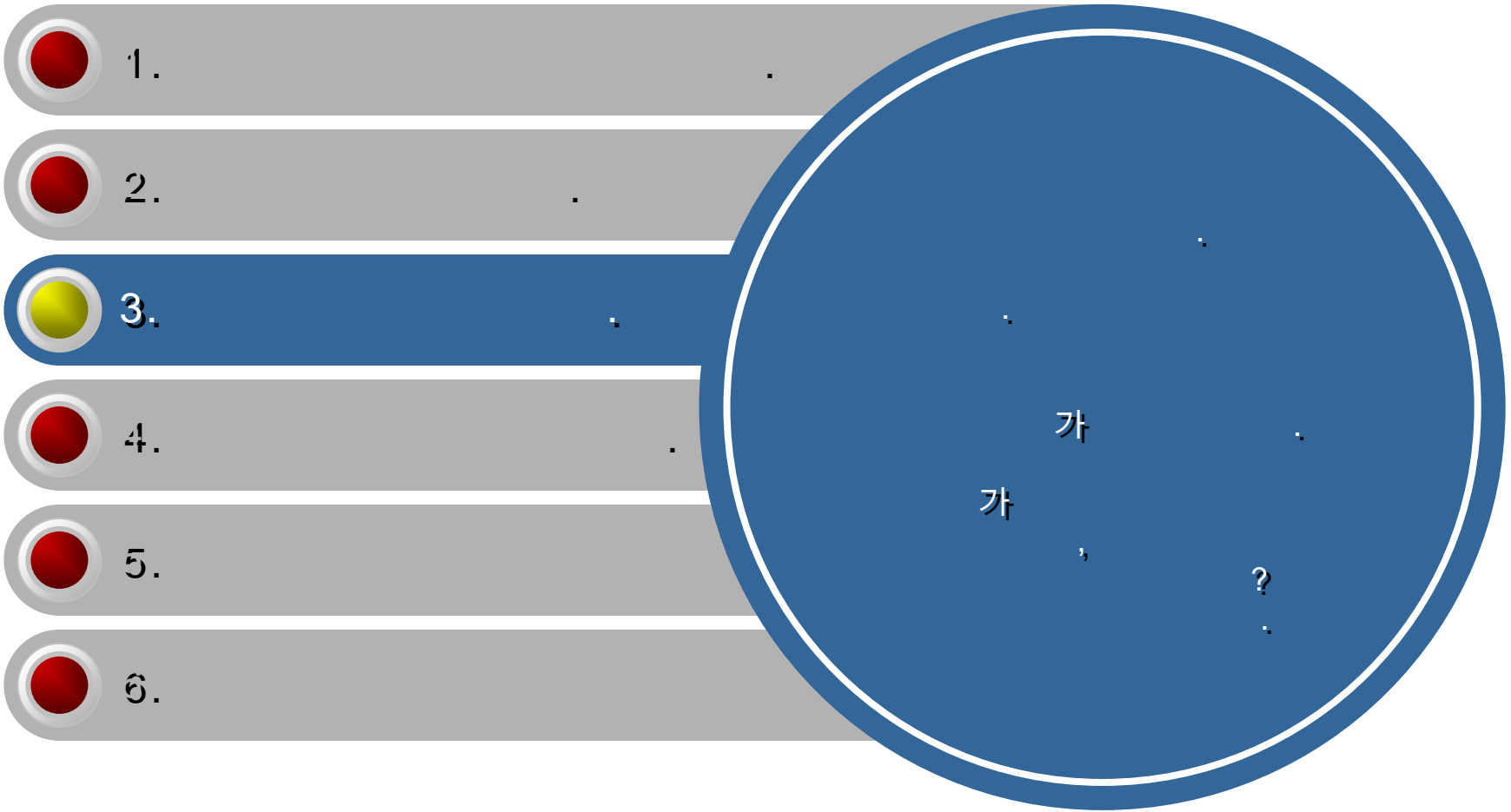


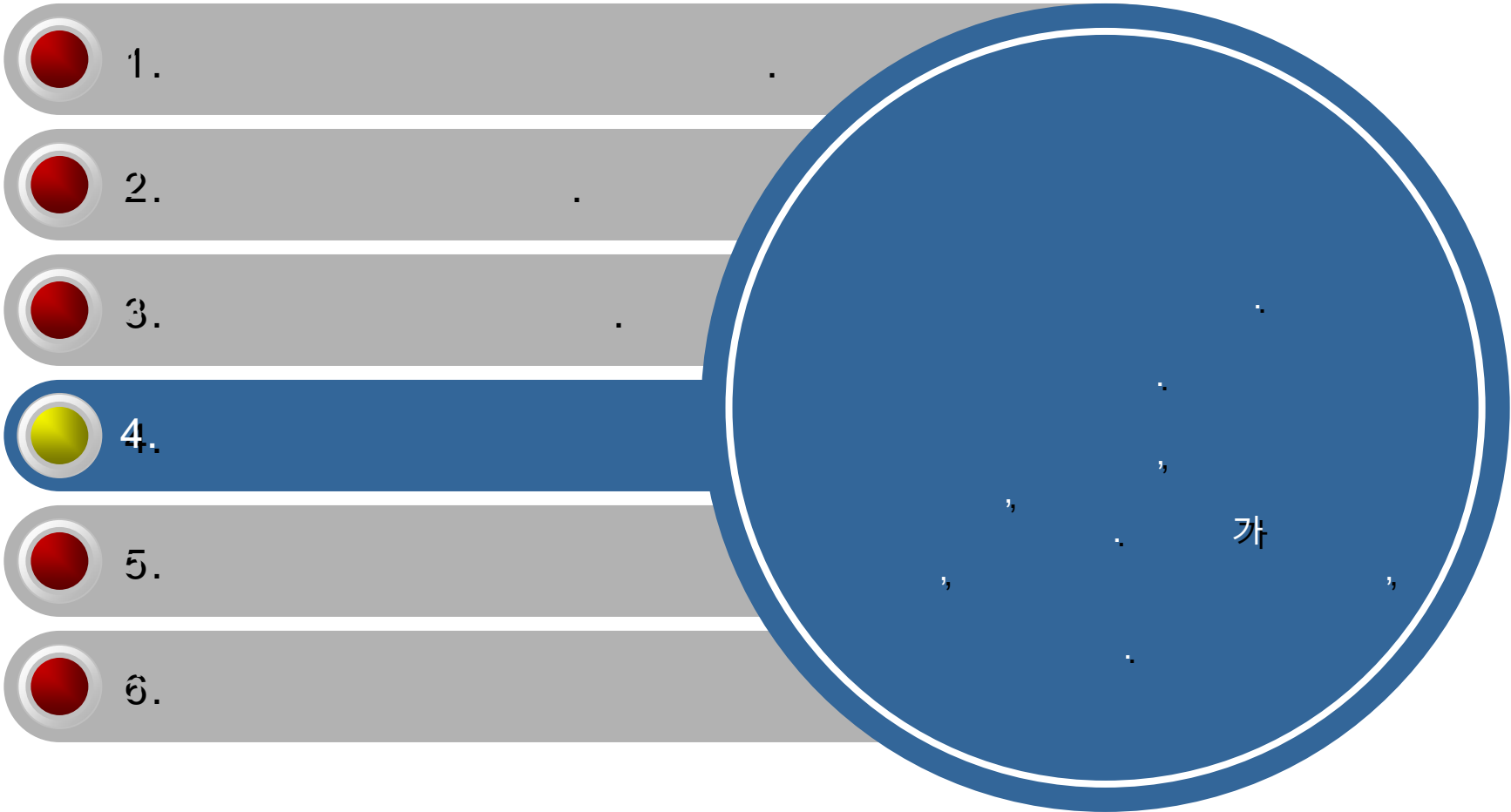
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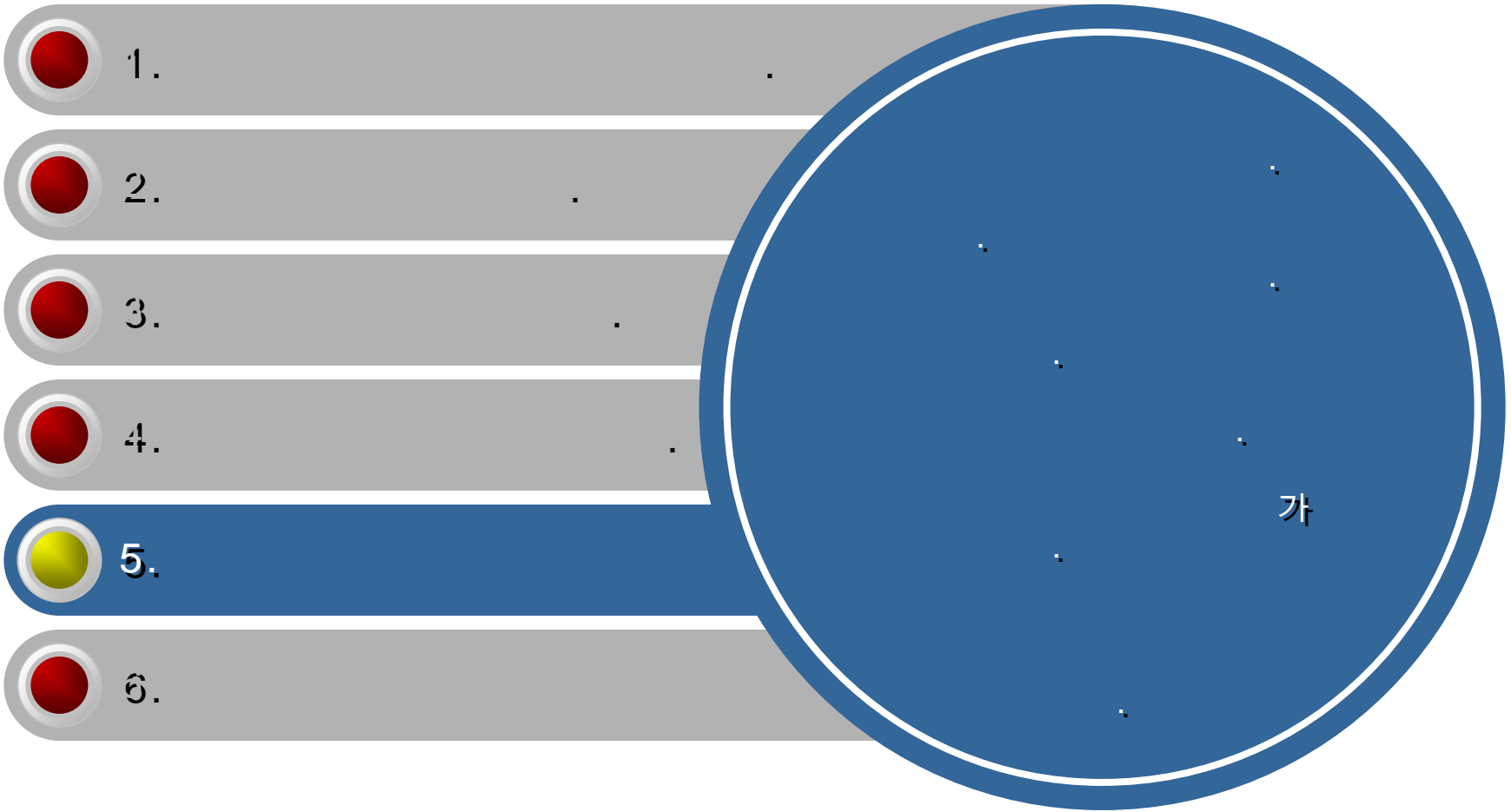


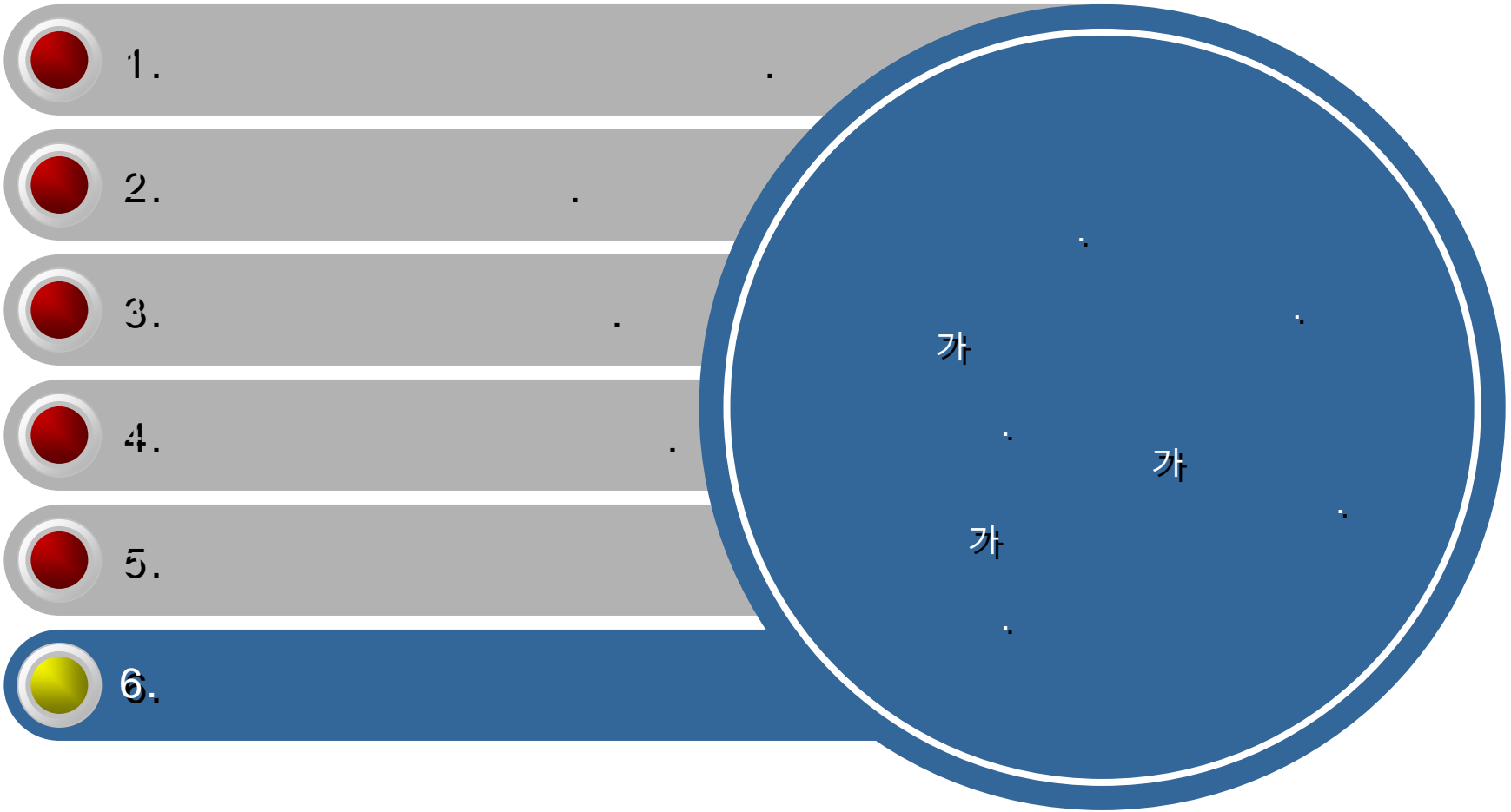
6.











4가

4 Basic Techniques

6

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(,)

(,)

