

# INTRODUCTION TO ERGODIC THEORY FOCUSED ON SZEMERÉDI'S THEOREM

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ABSTRACT. This is a note of prelude lecture for Vitaly Bergelson's mini-course on ergodic Ramsey theory at KIAS in 2007.

## Dynamical Systems

(i) Differentiable Dynamical Systems

$(X, \mathcal{B}, T)$  where  $\mathcal{B}$  is the differential structure of  $X$  and  $T$  is a diffeomorphism on  $X$ .

(ii) Topological Dynamical Systems

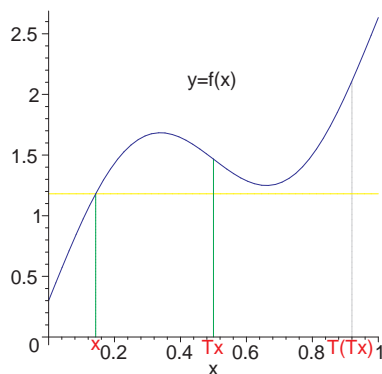
$(X, \mathcal{B}, T)$  where  $\mathcal{B}$  is the topological structure on  $X$  and  $T$  is a homeomorphism (continuous map) on  $X$ .

(iii) Measure theoretical Dynamical Systems  $\implies$  Classical Ergodic Theory

$(X, \mathcal{B}, T)$  where  $\mathcal{B}$  is a  $\sigma$ -algebra on  $X$  and  $T$  is a measurable transformation on  $X$ .

Let  $(X, \mathcal{B}, \mu)$  be a probability measure space. A measurable transformation  $T : (X, \mathcal{B}, \mu) \rightarrow (X, \mathcal{B}, \mu)$  is said to be measure preserving if  $\mu(T^{-1}E) = \mu(E)$  for every measurable subset  $E$ .

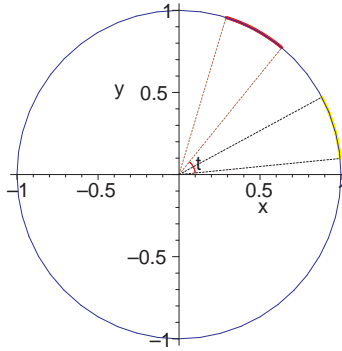
A measure preserving transformation  $T$  on  $(X, \mathcal{B}, \mu)$  is called *ergodic* if  $f(Tx) = f(x)$  holds only for constant function and it is called weakly mixing if the constant function is the only eigenfunction with respect to  $T$ . Imagine the definition of ergodicity by using the following picture.



$T$  is a transformation on  $[0, 1]$

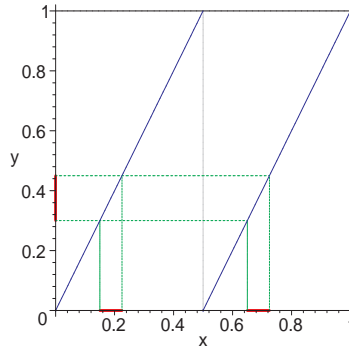
*Example 1.* Let  $X = [0, 1)$ ,  $\mathcal{B}$  Borel  $\sigma$ -algebra, and  $\{x\}$  the fractional part of  $x$ .

(i) For a given irrational number  $\alpha$ , let  $T(x) = \{x + \alpha\}$  with Lebesgue measure.



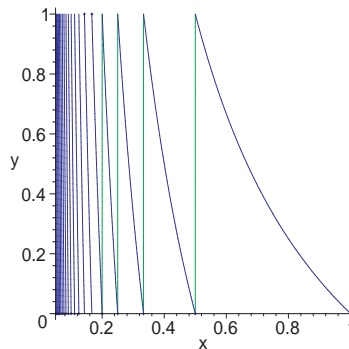
$$T : x \mapsto \{x + \alpha\}, t = \exp(2\pi i \alpha)$$

(ii) Let  $T(x) = \{kx\}$  where  $k = 2, 3, \dots$  with Lebesgue measure.



$$T : x \mapsto \{2x\}$$

(iii) Let  $T(x) = \{\frac{1}{x}\}$  with  $\mu(B) = \frac{1}{\ln 2} \int_B \frac{1}{1+x} dx$ .



$$T : x \mapsto \{1/x\}$$

(iv) Let  $\sigma$  be the shift map on  $X = \prod_{i=1}^{\infty} \{0, 1\}$  with  $(p, 1-p)$  Bernoulli measure where  $0 < p < 1$ .

$$(x_1, x_2, x_3, \dots) \implies (x_2, x_3, x_4, \dots)$$

for  $x = (x_1, x_2, x_3, \dots)$ .

**Theorem 1.** *A measure preserving transformation  $T$  on a probability space  $(X, \mathcal{B}, \mu)$  is ergodic if and only if the only measurable sets with  $\mu(T^{-1}E \Delta E) = 0$  are those with  $\mu(E) = 0$  or  $\mu(E) = 1$ .*

*Proof.* Suppose  $T^{-1}E = E$ . Then  $\mathbf{1}_{T^{-1}E}(x) = \mathbf{1}_E(Tx) = \mathbf{1}_E(x)$ . Hence  $\mathbf{1}_E(x)$  is constant. So  $\mu(E) = 0$  or  $\mu(E) = 1$ .

For the converse, let  $X(k, n) = \{x : \frac{k}{2^n} \leq f(x) < \frac{k+1}{2^{n+1}}\}$ . Then we have

$$T^{-1}X(k, n) \Delta X(k, n) \subset \{x : f(Tx) \neq f(x)\}.$$

So  $\mu(T^{-1}X(k, n) \Delta X(k, n)) = 0$ . Thus  $\mu(X(k, n)) = 0$  or  $\mu(X(k, n)) = 1$  for all  $k, n \in \mathbb{N}$ . Hence  $f(x)$  has to be constant.  $\square$

**Definition 1.** Let  $T$  be a continuous transformation on topological space  $X$ . A point  $x \in X$  is a recurrent point for  $T$  if there exist an increasing sequence  $n_1 < n_2 < \dots$  such that  $T^{n_k}x \rightarrow x$ . In other words, for every open set  $V$ , there exist  $n \geq 1$  with  $T^n x \in V$

**Theorem 2.** *Let  $T$  be a measure preserving transformation on a probability measure space  $(X, \mathcal{B}, \mu)$ . If  $\mu(A) > 0$  then there exist  $n \geq 1$  such that  $\mu(A \cap T^{-n}A) > 0$ .*

*Proof.* Assume  $\mu(A \cap T^{-n}A) = 0$  for all  $n \geq 1$ . Then  $\mu(T^{-i}A \cap T^{-j}A) = 0$  for all  $0 \leq i < j$ . Hence  $\bigcup_n T^{-n}A$  is a disjoint union. Since  $\mu(A) = \mu(T^{-n}A)$  and

$$1 = \mu(X) \geq \mu\left(\bigcup_n T^{-n}A\right) = \sum_n \mu(T^{-n}A) = \sum_n \mu(A),$$

$\mu(A) = 0$ .  $\square$

*Remark 1.* For a given measurable set  $A$ , let  $\tilde{A} = A - \bigcup_j T^{-j}A$ . Then  $\mu(\tilde{A}) = 0$  by the previous theorem and the property  $\tilde{A} \cap T^{-n}\tilde{A} \subset (T^{-n}A^c \cap T^{-n}A) = \phi$  for all  $n \geq 1$ .

**Theorem 3.** *Let  $T$  be a measure preserving transformation on a probability separable metric space  $(X, \mathcal{B}, \mu)$ . Then almost every point of  $X$  is recurrent for  $T$ .*

*Proof.* For a given  $n \in \mathbb{N}$ , let  $\{B_{n,i}\}$  be a countable cover of  $X$  with  $\text{diam}(B_{n,i}) < \frac{1}{n}$ . Let

$$X_n = \bigcup_i \left( B_{n,i} - \bigcup_j T^{-j}B_{n,i} \right).$$

Then a nonrecurrent point belongs to some  $X_n$ . By the previous remark and countable subadditivity of measure, the conclusion follows.  $\square$

*Remark 2.* If  $T$  preserves a measure  $\mu$ , then  $\int_X f(Tx) d\mu(x) = \int_X f(x) d\mu(x)$  for all measurable functions. Because it is trivial for characteristic functions and step functions, and all measurable function can be approximated by step functions.

**Theorem 4** (Mean Ergodic Theorem). *Let  $T$  be a measure preserving transformation on a probability separable metric space  $(X, \mathcal{B}, \mu)$ . Let  $M = \{f \in L^2(X) : f(Tx) = f(x)\}$ . Then*

$$\lim_n \frac{1}{n} \sum_{k=0}^{n-1} f(T^k x) = P_M f(x)$$

where  $P_M$  is the orthogonal projection onto  $M$

*Proof.* For a given measure preserving transformation  $T$ , let  $U$  be a linear operator on  $L^2(X)$  defined by  $Uf(x) = f(Tx)$ . Then  $\|Uf\| = \|f\|$ . Hence  $\|U\| \leq 1$ , i.e.  $U$  is a contraction on a Hilbert space  $L^2(X)$ .

Let  $N$  be a closed subspace generated by  $\{g - Ug; g \in L^2(X)\}$ . At first, we will show that  $M = N^\perp = \{h \in L^2(X); \langle h, f \rangle = 0 \text{ for all } f \in N\}$  where  $\langle, \rangle$  is the inner product in  $L^2(X)$ . Assume  $h \in N^\perp$ . Then  $0 = \langle h, g - Ug \rangle = \langle h, g \rangle - \langle U^*h, g \rangle = \langle h - U^*h, g \rangle$  for all  $g \in L^2(X)$ . Hence  $h = U^*h$  and

$$\begin{aligned} \|Uh - h\|^2 &= \langle Uh - h, Uh - h \rangle \\ &= \|Uh\|^2 - \langle h, Uh \rangle - \langle Uh, h \rangle + \|h\|^2 \\ &= \|h\|^2 - \langle U^*h, h \rangle - \langle h, U^*h \rangle + \|h\|^2 \\ &= \|h\|^2 - \langle h, h \rangle - \langle h, h \rangle + \|h\|^2 = 0. \end{aligned}$$

Thus we have  $Uh = h$  and  $M \supset N^\perp$ .

Conversely, take  $h \in M$ . Then  $Uh = h$ , and  $U^*h = h$  by exactly the same arguments as in  $U$ . Hence  $\langle h, g - Ug \rangle = \langle h, g \rangle - \langle h, Ug \rangle = \langle h, g \rangle - \langle U^*h, g \rangle = \langle h - U^*h, g \rangle = 0$  for all  $g \in L^2(X)$ . So  $M \subset N^\perp$ .

To prove the theorem, we only need to show that for all  $f(x)$  with the form  $f(x) = g(x) - g(Tx)$ ,

$$\frac{1}{n} \sum_{k=0}^{n-1} U^k f \rightarrow 0$$

by continuity property of  $U$ . This is trivial, since

$$\left\| \frac{1}{n} \sum_{k=0}^{n-1} U^k f \right\| = \left\| \frac{1}{n} (g - U^n g) \right\| \leq \frac{2}{n} \|g\|.$$

So we complete the proof. □

**Theorem 5** (Birkhoff Ergodic Theorem). *Let  $T$  be a measure preserving transformation on a probability space  $(X, \mathcal{B}, \mu)$  and  $f \in L^p, 1 \leq p < \infty$ . Then  $\frac{1}{n} \sum_{k=0}^{n-1} f(T^k x)$  converges to  $\bar{f}(x)$  a.e. and  $L^p$ -norm where  $\bar{f}(x)$  is a  $T$ -invariant function.*

*Remark 3.* Since  $\int_X \frac{1}{n} \sum_{k=0}^{n-1} f(T^k x) d\mu(x) = \int_X f(x) d\mu(x)$ , if  $T$  is an ergodic measure preserving transformation, then  $\bar{f}(x) = \int_X f(x) d\mu(x)$ .

**Theorem 6.**  *$T$  is an ergodic measure preserving transformation if and only if*

$$\lim_n \frac{1}{n} \sum_{k=0}^{n-1} \mu(T^{-k} A \cap B) = \mu(A) \mu(B)$$

for all measurable set  $A, B \in \mathcal{B}$ .

*Proof.* Let  $f(x) = \mathbf{1}_A(x)$ . Then  $\frac{1}{n} \sum_{k=0}^{n-1} \mathbf{1}_A(T^k x)$  converges to  $\mu(A)$ . So  $\frac{1}{n} \sum_{k=0}^{n-1} \mathbf{1}_A(T^k x) \mathbf{1}_B(x)$  converges to  $\mu(A) \mathbf{1}_B(x)$ . Hence by Dominated Convergence Theorem,

$$\lim_n \frac{1}{n} \sum_{k=0}^{n-1} \mu(T^{-k} A \cap B) = \mu(A) \mu(B).$$

Conversely, suppose that there exist  $E$  with  $T^{-1}E = E$ . Put  $A = B = E$  in the convergence property. Then we have  $\frac{1}{n} \sum_{k=0}^{n-1} \mu(T^{-k} A \cap B) = \frac{1}{n} \sum_{k=0}^{n-1} \mu(E) \rightarrow \mu(E)^2$ . Hence  $\mu(E) = \mu(E)^2$  and  $\mu(E) = 0$  or  $1$ .  $\square$

**Theorem 7** (Borel's Normal Number Theorem). *Let  $x = 0.x_1, x_2, \dots$  be a dyadic expansion of  $x$ . Then the relative frequency of 1 in dyadic expansion of  $x$  is  $\frac{1}{2}$  almost everywhere.*

*Proof.* Note that the map  $T(x) = 2x \pmod{1}$  is ergodic with respect to Lebesgue measure. Let  $E = [\frac{1}{2}, 1)$  and apply Birkhoff Ergodic Theorem to  $f(x) = \mathbf{1}_E(x)$ . Then we have  $\bar{f}(x) = \int_X \mathbf{1}_E(x) d\mu(x) = \mu(E) = \frac{1}{2}$ . Hence

$$\lim_n \frac{1}{n} \sum_{k=0}^{n-1} f(T^k x) = \bar{f}(x) = \frac{1}{2}.$$

Since  $x_k = 1$  if and only if  $\mathbf{1}_E(T^{k-1}(x)) = 1$ , the conclusion follows.  $\square$

**Definition 2.** Let  $T$  be a continuous transformation on the space  $X$  and  $\mu$  be a  $T$ -invariant measure. We say that a point  $x_0$  is a generic point for  $\mu$  if

$$\frac{1}{n} \sum_{k=0}^{n-1} f(T^k x) \rightarrow \int_X f d\mu$$

for every continuous function  $f \in C(X)$ .

By Birkhoff Ergodic Theorem, we have the following proposition.

**Proposition 1.** *If  $T$  is a continuous map on the compact metric space  $X$  and  $\mu$  is an ergodic measure, then almost every point of  $X$  (with respect to  $\mu$ ) is generic for  $\mu$ .*

**Definition 3.** A topological dynamical system  $(X, T)$  is uniquely ergodic if  $T$  has a unique invariant probability measure.

**Theorem 8.** *If  $(X, T)$  is uniquely ergodic and  $\mu$  is  $T$ -invariant measure, then  $\frac{1}{n} \sum_{k=0}^{n-1} f(T^k x)$  uniformly converges to  $\int_X f(x) d\mu(x)$  for all continuous function. Hence all points are generic.*

*Proof.* Suppose the conclusion is not true. Then there exist a continuous function  $g(x)$  and  $\epsilon$  and a sequence of points  $\{x_n\}$  with

$$\left| \frac{1}{n} \sum_{k=0}^{n-1} g(T^k x_n) - \int_X g d\mu \right| \geq \epsilon.$$

Let  $\mu_n = \frac{1}{n} \sum_{k=0}^{n-1} \delta_{T^k x_n}$  where  $\delta_t$  is Dirac delta functional at  $t$ . Then  $|\int g d\mu_n - \int g d\mu| \geq \epsilon$ . By Banach-Alaoglu theorem, there exist a subsequence  $n_i$  and  $T$ -invariant measure  $\mu_\infty$  such that  $\mu_{n_i} \rightarrow \mu_\infty$ . But  $|\int g d\mu_\infty - \int g d\mu| \geq \epsilon$ . So  $\mu_\infty \neq \mu$ . It contradicts to the unique ergodicity.  $\square$

*Remark 4.* Indeed,  $(X, T)$  is uniquely ergodic if and only if  $\frac{1}{n} \sum_{k=0}^{n-1} f(T^k x)$  converges pointwise to a constant for all continuous function  $f \in C(X)$  [3].

*Remark 5.* It is easy to show that an irrational rotation on  $[0, 1)$  is uniquely ergodic by using the above remark and isometry property of rotations.

**Definition 4.** Let  $X$  be a compact metric space,  $T$  a continuous transformation of  $X$ , and  $\mu$  a  $T$ -invariant measure. A point  $x_0 \in X$  is quasi-generic for  $\mu$  if for some sequence of pairs of integers  $\{a_k, b_k\}$  with  $a_k \leq b_k$  and  $b_k - a_k \rightarrow \infty$ ,

$$\frac{1}{b_k - a_k + 1} \sum_{n=a_k}^{b_k} f(T^n x_0) \rightarrow \int_X f d\mu$$

as  $k \rightarrow \infty$ , for every continuous function  $f \in C(X)$ .

**Proposition 2.** *Let  $T$  be a continuous transformation on the compact metric space  $X$ . For  $x_0 \in X$ , let  $Y = \overline{\{T^n x_0 : n \geq 0\}}$ . If  $\mu$  is an  $T$ -invariant ergodic measure with its topological support is  $Y$ , then  $x_0$  is quasi-generic for  $\mu$ .*

*Proof.* Since  $\mu$  is ergodic, there exist a point  $x_1$  which is generic for  $\mu$ . Then for each  $f \in C(X)$ ,

$$\frac{1}{n+1} \sum_{i=0}^n f(T^i x_1) \rightarrow \int_X f d\mu.$$

Let  $\{f_k\}$  be a dense subset of functions in  $C(X)$ , and  $n_k$  be an increasing sequence with

$$\left| \frac{1}{n_k+1} \sum_{i=0}^{n_k} f_j(T^i x_1) - \int_X f_j d\mu \right| < \frac{1}{k} \quad \text{for all } 1 \leq j \leq k.$$

The above inequality still holds if  $x_1$  is replaced by a sufficiently near point, say some  $T^{a_k} x_0$ .

In other words,

$$\left| \frac{1}{n_k+1} \sum_{i=a_k}^{a_k+n_k} f_j(T^i x_1) - \int_X f_j d\mu \right| < \frac{1}{k} \quad \text{for all } 1 \leq j \leq k.$$

Now let  $b_k = a_k + n_k$ , then the conclusion follows. □

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