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2004.05.07

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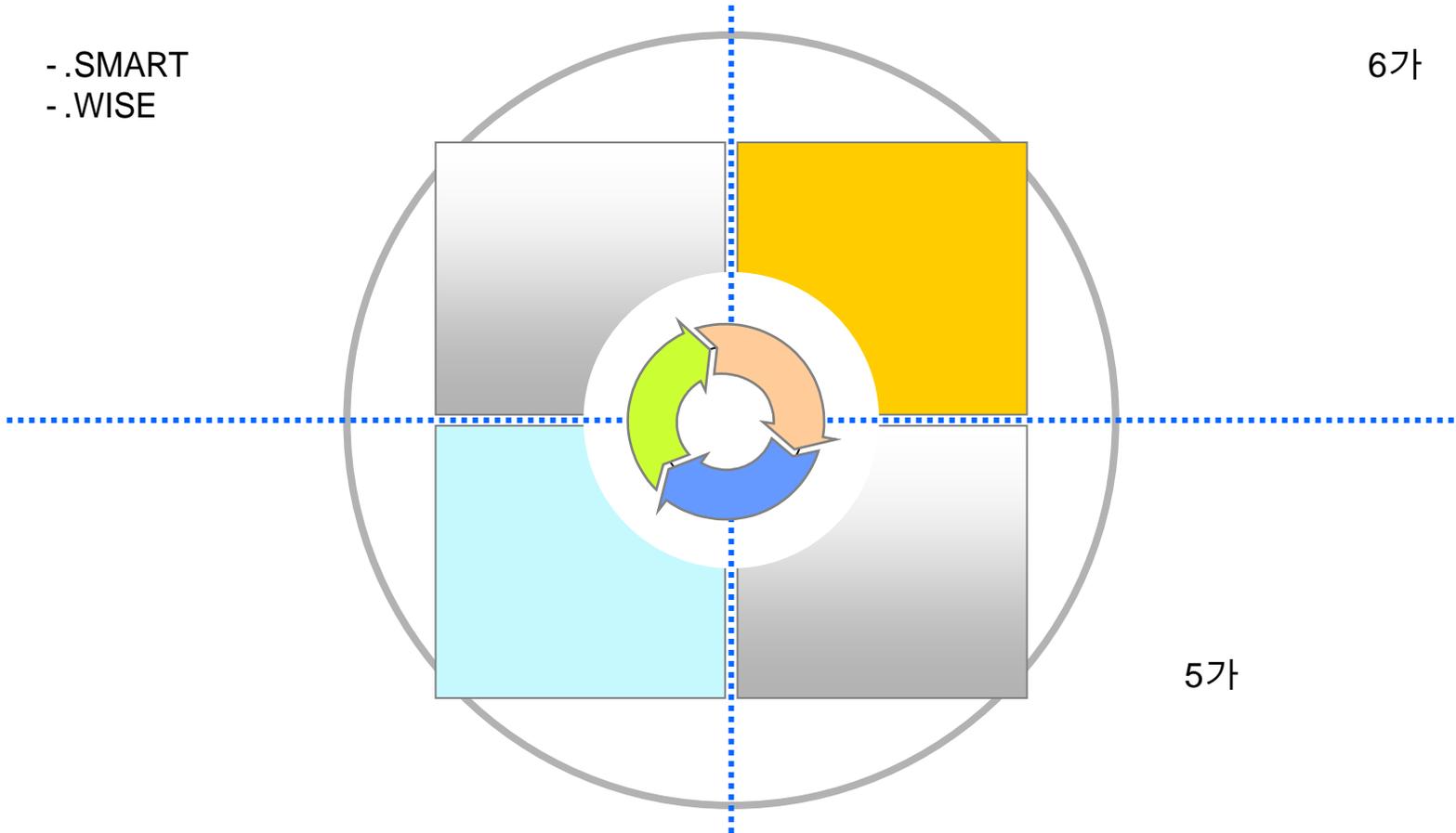
Introduction

“

”

- .SMART
- .WISE

6가



5가

SMART

Specific

Measurable

가

Action-Oriented

Realistic

가

가

Timely

WISE

Will Power

Initiative

Stamina

가

Enthusiasm

가



1.

가가

2.

3.

4.

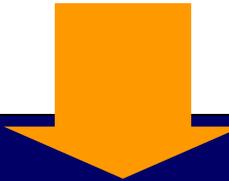
5.

6.





1. .
2. .
3. 30 , 1 .
4. 가 .
5. .



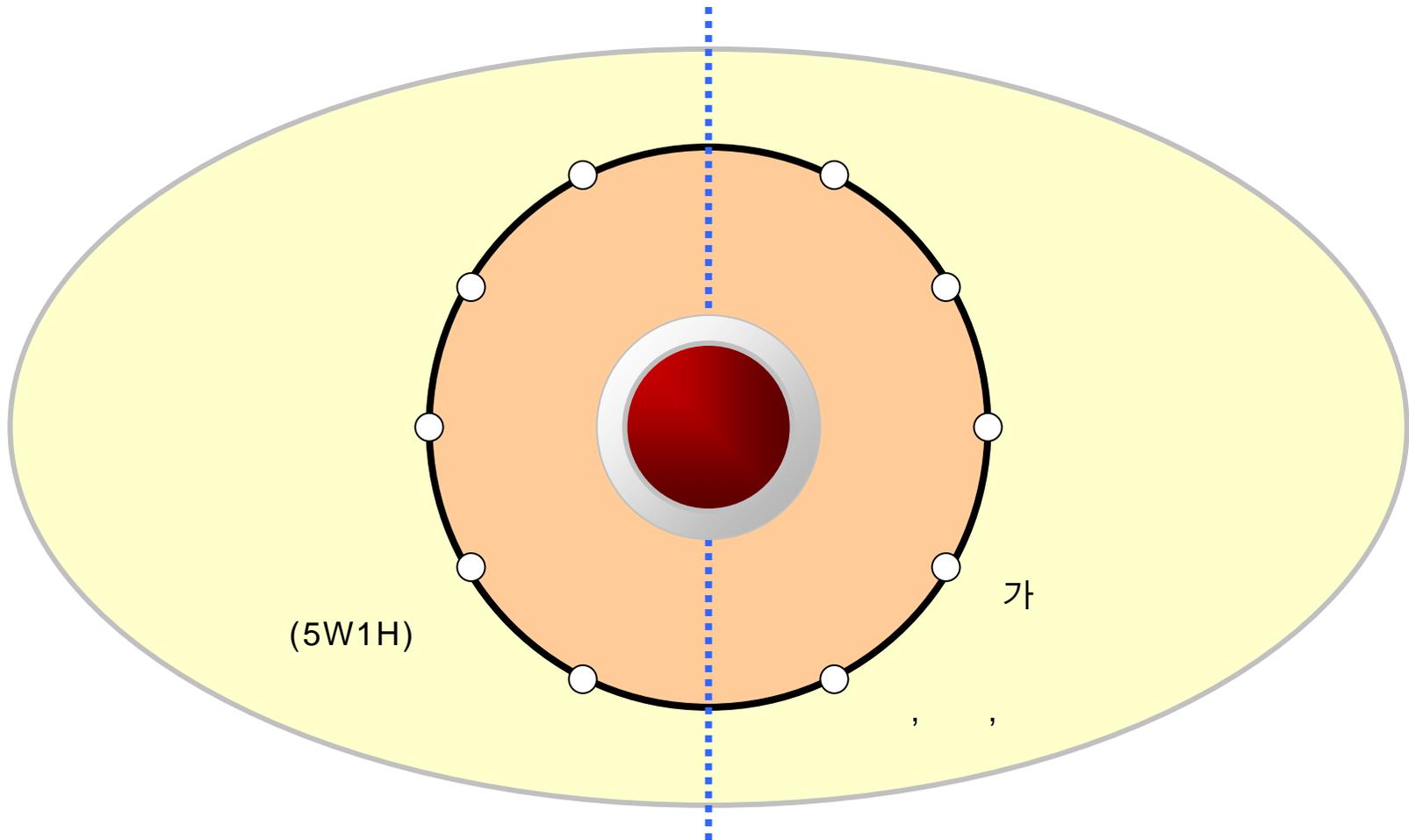
Efficient Performance & Success



Self-Development

가
 , , / ,
가
가 !

10가



 10가

- 1.
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

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10가

1	2.	.	3	4	5	6	7	8	9	10
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가 가 . 가 가 . , .

10가

1	2	3.	4	5	6	7	8	9	10
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가
가
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가

10가

- 1
- 2
- 3
- 4
- 5
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- 7
- 8
- 9
- 10

가 , 가
가 ? 가
가 , 가



10가

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

가

가 가

가

가

10가

1	2	3	4	5	6.	.	7	8	9	10
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 10가

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가

10가

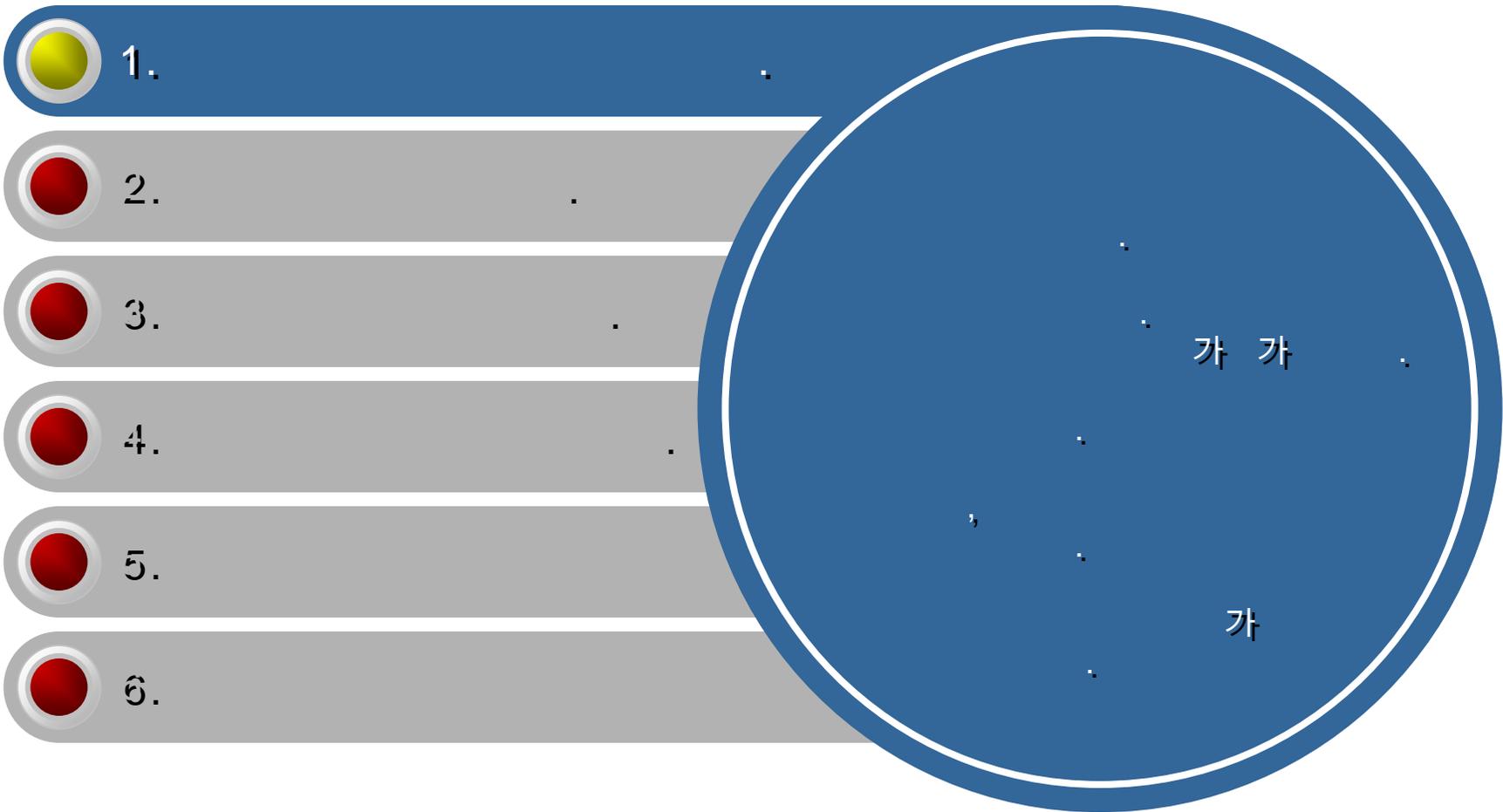
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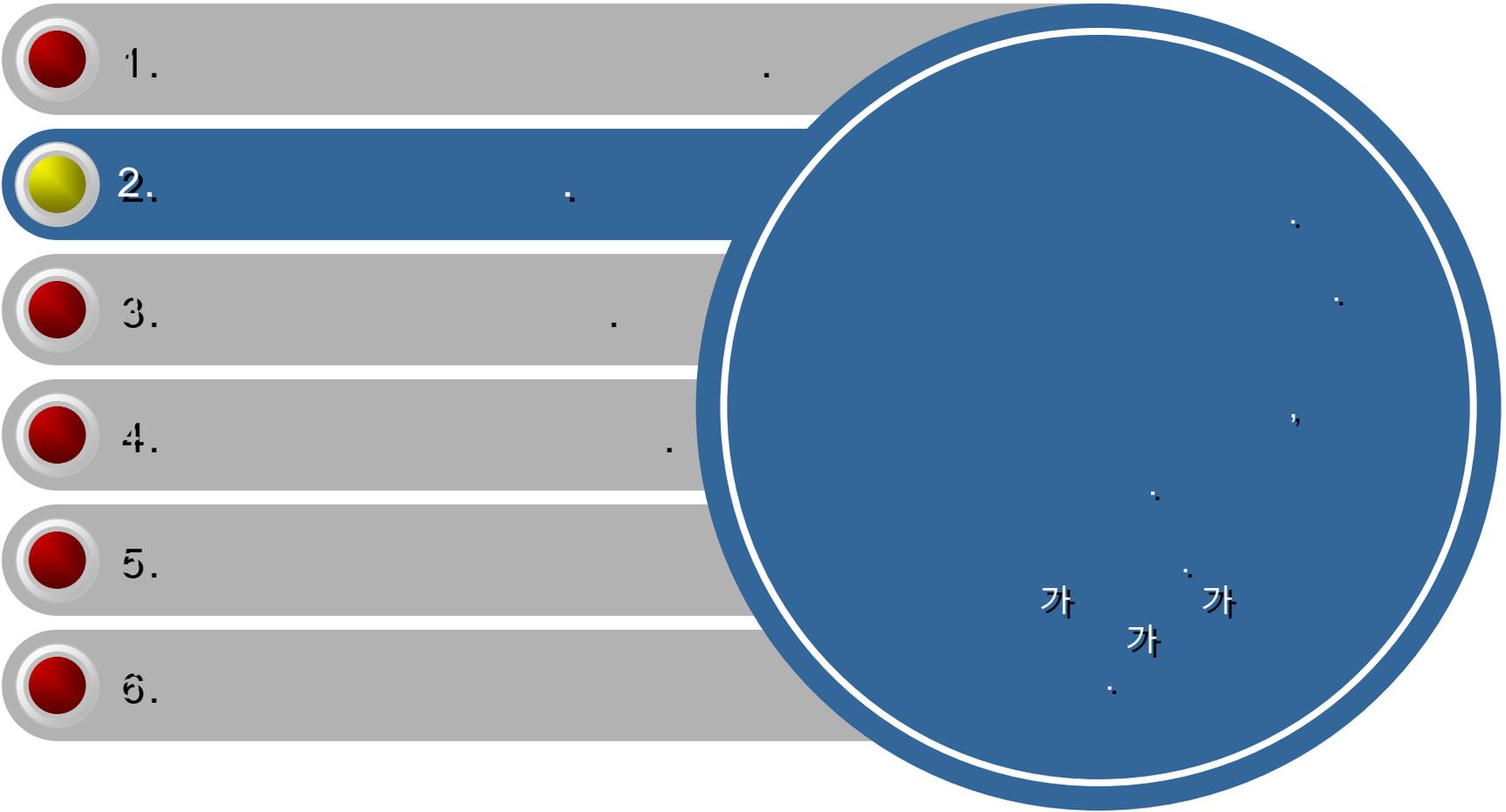
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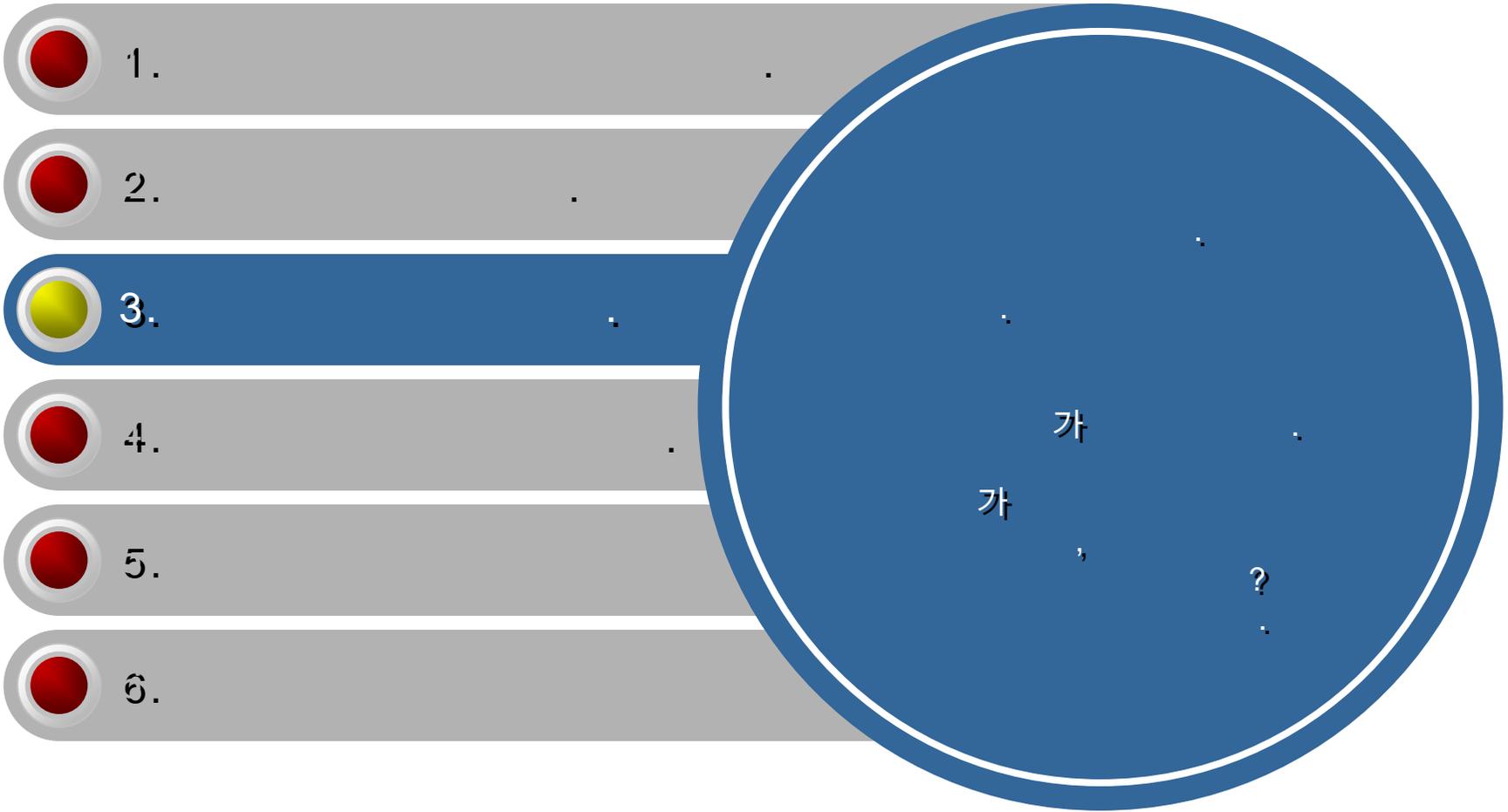
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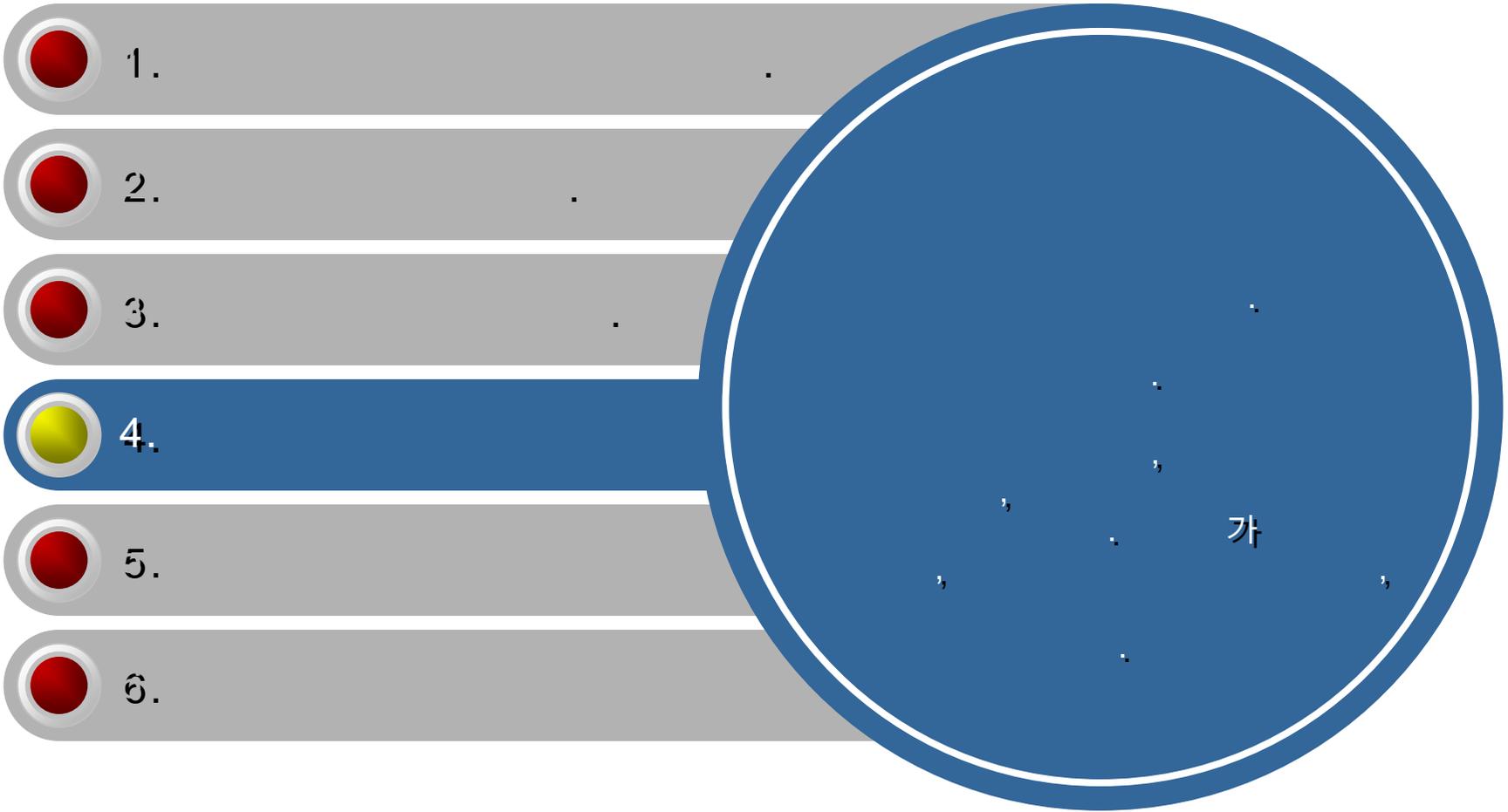
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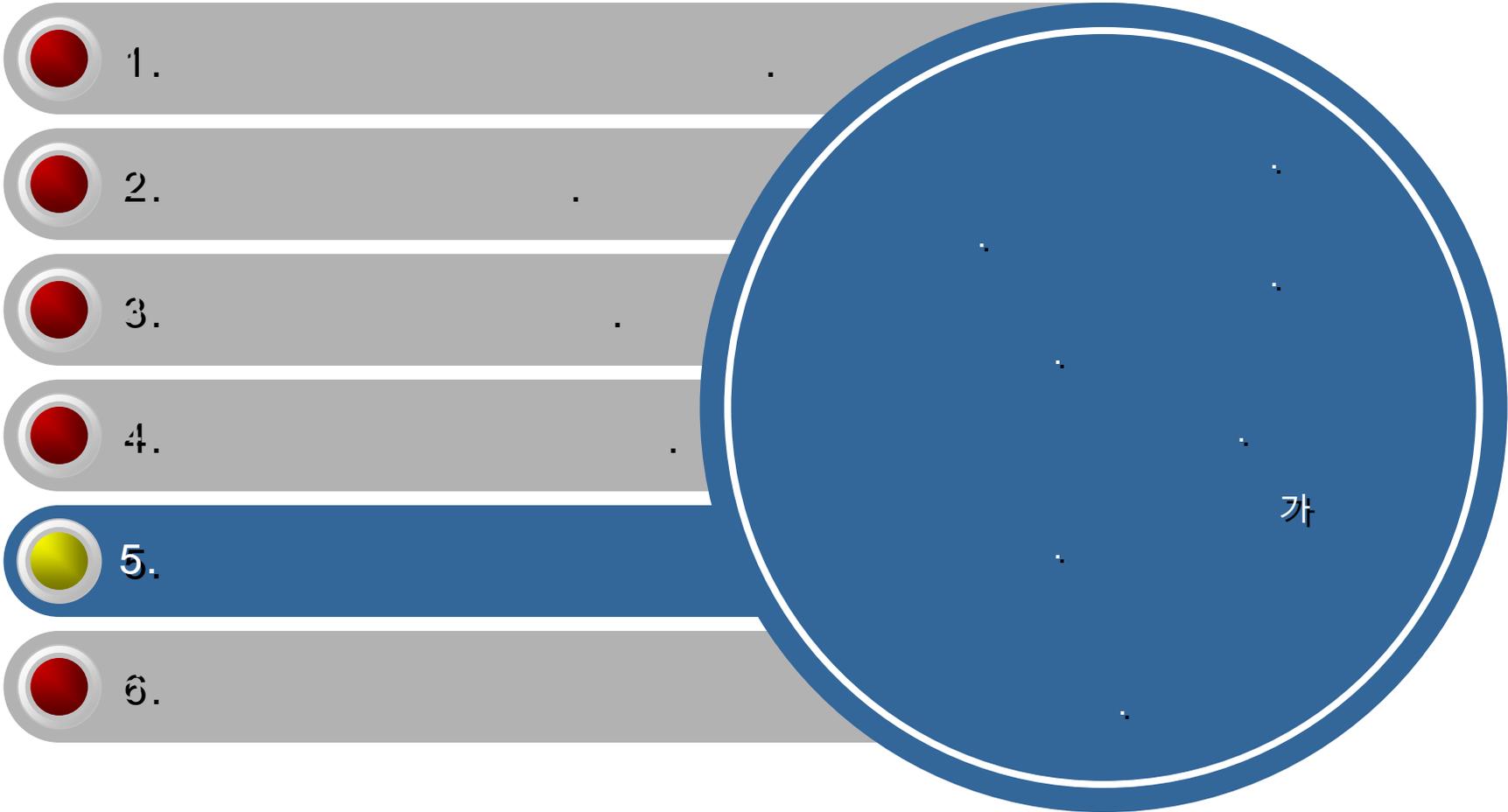
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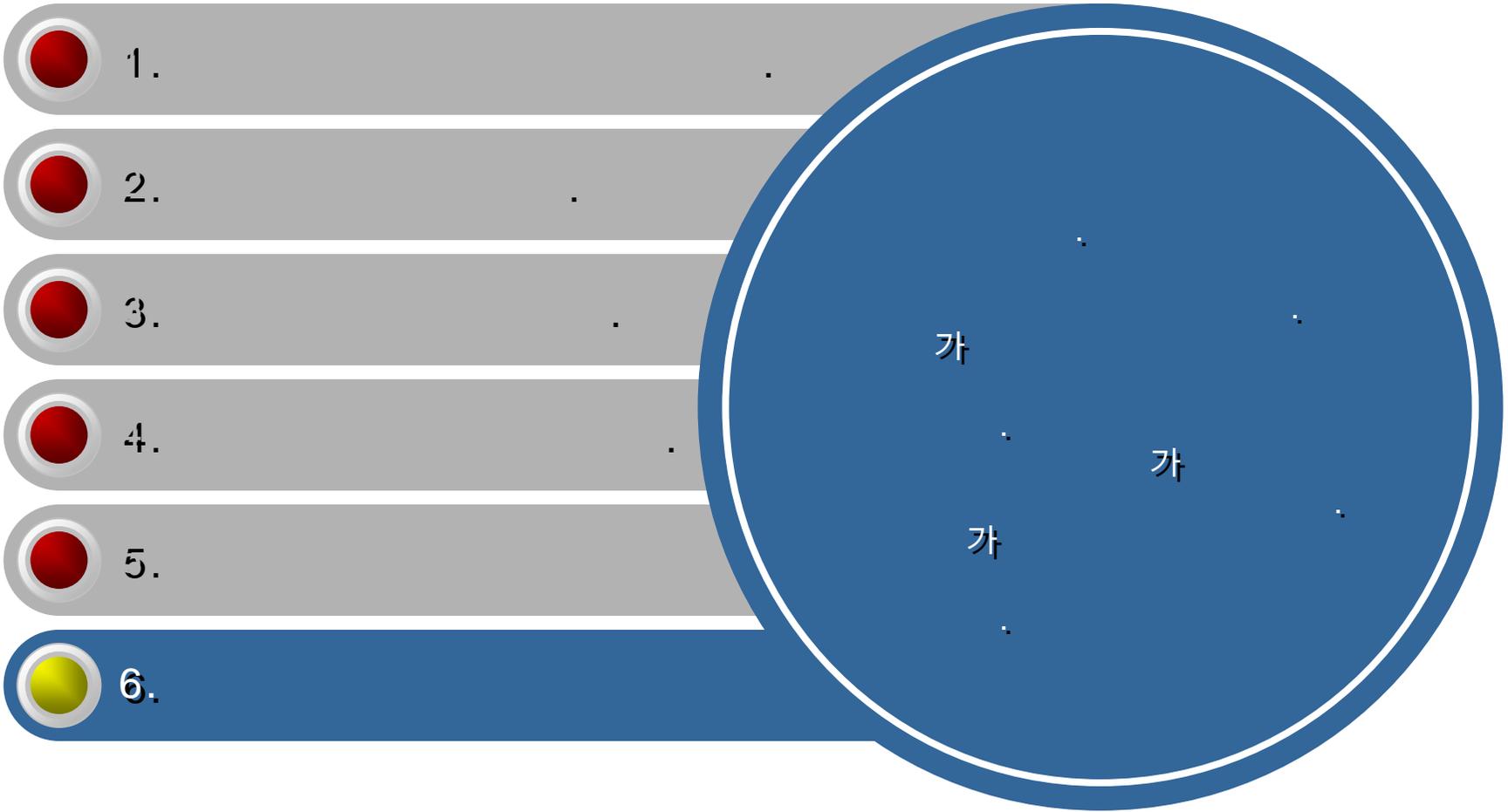












4가

4 Basic Techniques

6

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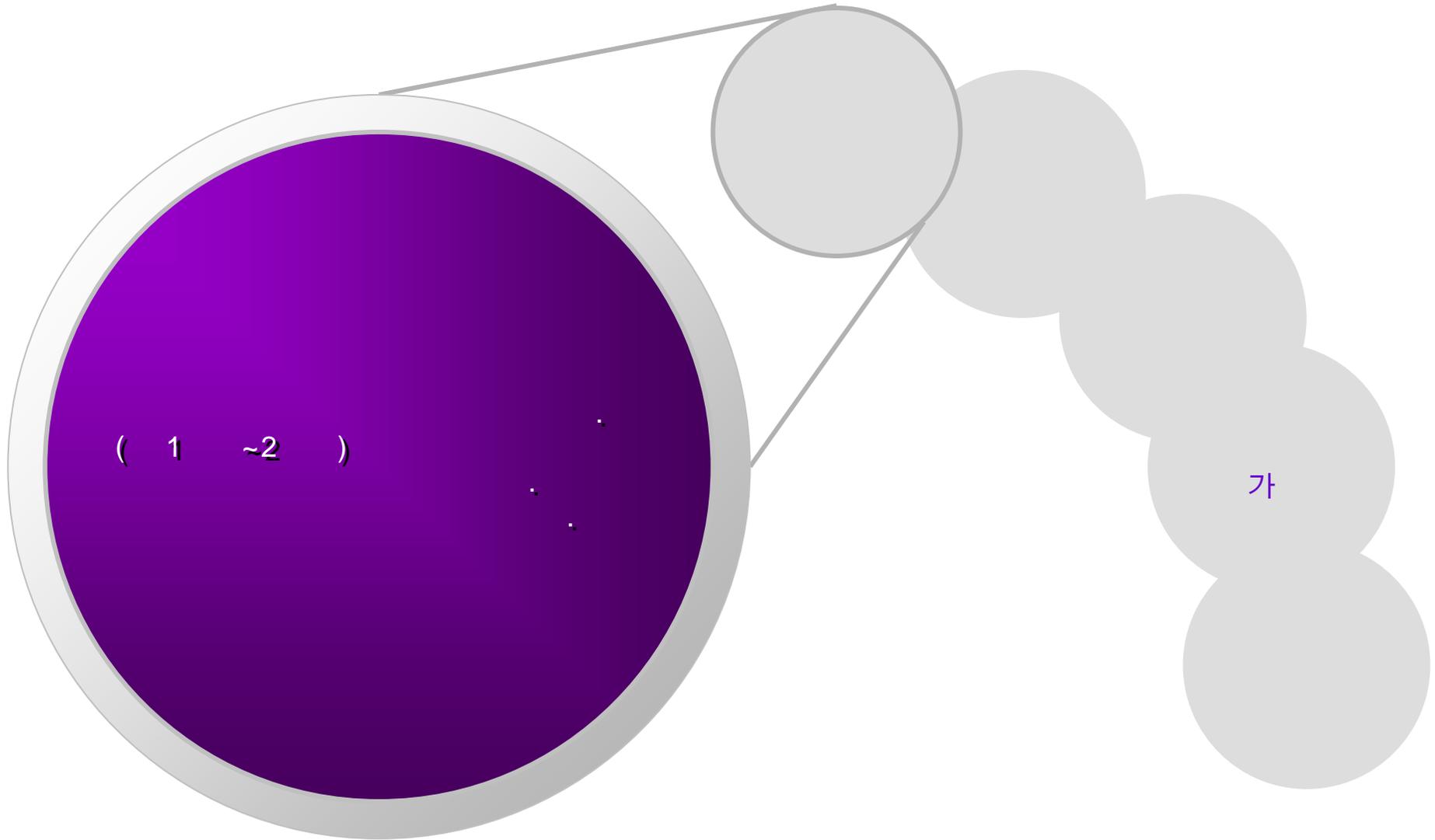
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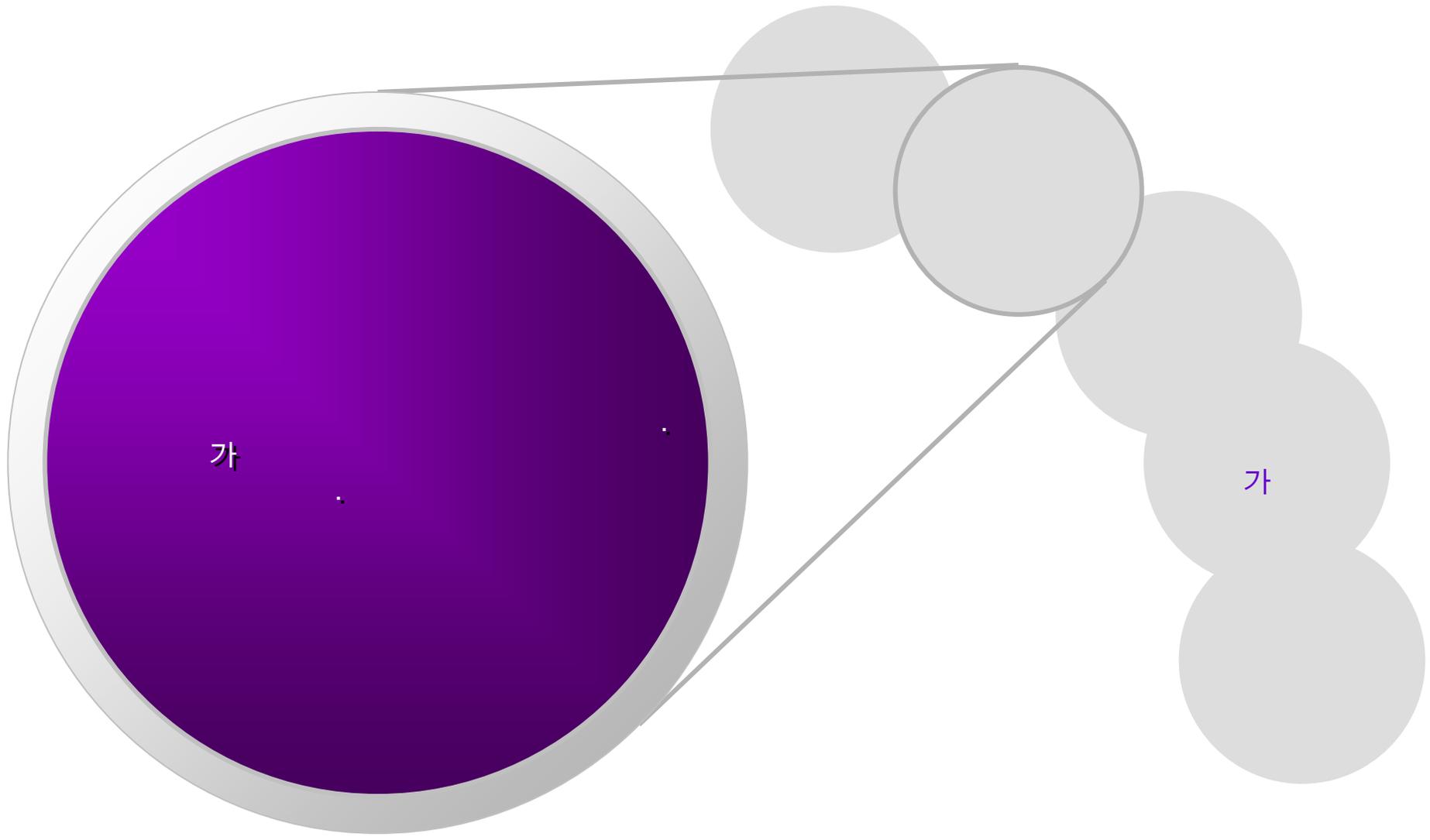
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